





# Who are we?



23 square miles  
population 9,700



21 square miles  
population 17,300



2800 students



3200 students

# Who are you?

# THANK YOU



Downing Exhibits and Retail Displays  
1287 Centerview Circle, Copley OH



# **Monitoring the Future**

**NATIONAL RESULTS ON ADOLESCENT DRUG USE**

## **Overview of Key Findings**

# **2013**

Sponsored by  
The National Institute on Drug Abuse  
National Institutes of Health

Monitoring the Future is an ongoing study of the behaviors, attitudes, and values of American secondary school students, college students, and young adults. Each year, a total of approximately 50,000 8th, 10th and 12th grade students are surveyed.

The University of Michigan  
Institute for Social Research

[www.monitoringthefuture.org](http://www.monitoringthefuture.org)

# HIPS OUTLINE



Alcohol

Marijuana

Tobacco

Over the Counter Drugs

Prescription Drugs

Illicit Drugs

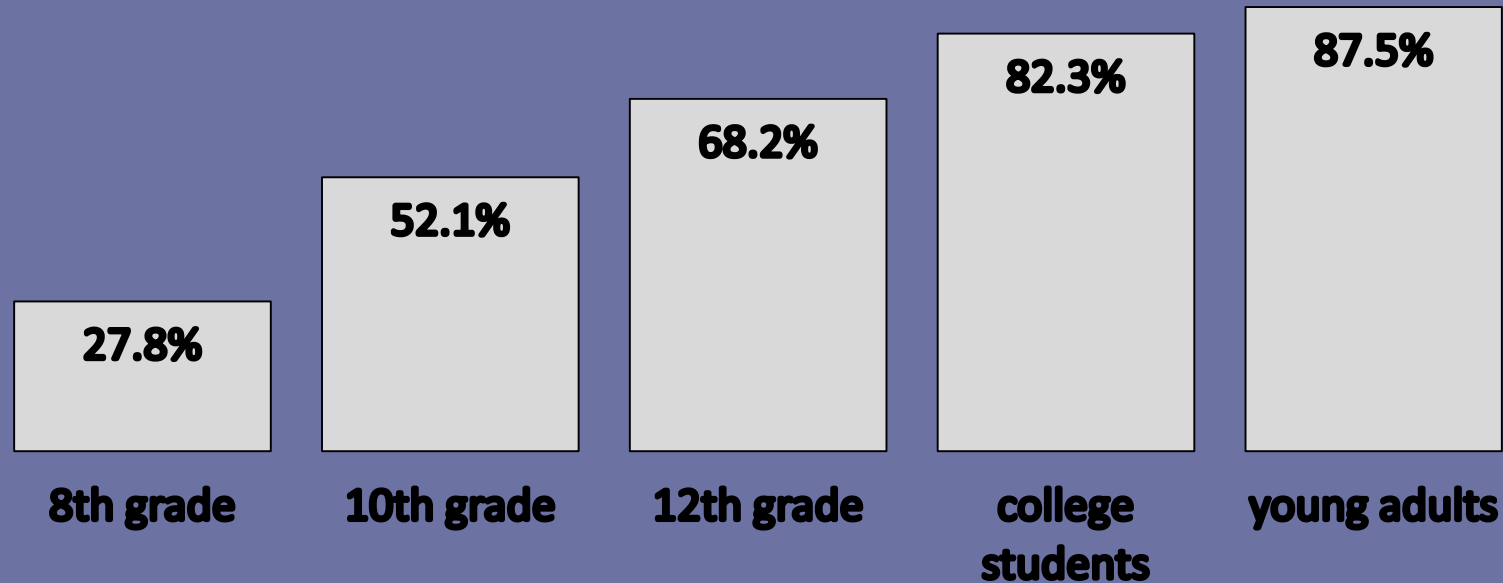
Other Risky Behaviors

What to do? and Where to get help?

Email for PowerPoint handout [ebaker@bathtownship.org](mailto:ebaker@bathtownship.org)

# Alcohol stats

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Several researchers have found that starting drinking before the age of 15 is associated with a 40% increased risk for developing alcoholism compared to people who delay drinking until age 20 or later. It has been estimated that if the age at which people started drinking could be delayed to age 20, there would be a 50% reduction in the number of cases of alcohol use disorder.



5%



6%



6 TO 12%

BEER IS USUALLY 4 TO 6%



Four Loko **caffeinated alcoholic beverage** taken off market because of public health concerns. FDA “dangerous additive”

CAFFEINATED ALCOHOLIC BEVERAGES



Jager Bomb

and other self-made **caffeinated alcoholic beverages** are just as dangerous



**Drunk Gummies**



# Powdered Alcohol

## VODKA

SPIRITS DISTILLED FROM GRAIN

*Made from premium vodka distilled 4 times*

65% alcohol by volume  
51% alcohol by weight

100 ml

# Powdered Alcohol

## RUM

SPIRITS DISTILLED FROM CANE

*Made from premium Puerto Rican rum*

74% alcohol by volume  
58% alcohol by weight

100 ml

# Powdered Alcohol

## KAMIKAZE

ALCOHOL AND NATURAL FLAVORS

*Tastes just like a Margarita.  
Just add water for an instant cocktail*

56% alcohol by volume  
44% alcohol by weight

100 ml

**Palcohol.**  
Flavor Powder

# Powdered Alcohol

## COSMOPOLITAN

ALCOHOL AND NATURAL FLAVORS

*Just add water for an instant cocktail*

**Palcohol.**  
Flavor Powder

# Powdered Alcohol

## LEMON DROP

ALCOHOL AND NATURAL FLAVORS

*Just add water for an instant cocktail*

# Products that contain alcohol...

**Hand sanitizer**

**Mouthwash**

**Liquid cold medications**



# **UNUSUAL** WAYS TO INGEST ALCOHOL



**Eyeballing**



**Tampon soaked in alcohol**



**Inhaling (Vaportini)**



**Alcohol Enema  
(Butt chugging)**



# Monitoring the Future

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# 2012

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“24% of the seniors surveyed reported that they engaged in binge drinking in just the two weeks prior to taking the survey.”

# Alcohol – Drinking Games /Binge Drinking

“Red Solo Cup”  
by Toby Keith

**Definition - men 5 or more drinks in 2 hours  
women 4 or more drinks in 2 hours.<sup>1</sup>**

**About 90% of the alcohol consumed by youth under the age of 21  
in the United States is in the form of binge drinks.<sup>2</sup>**

National Institute of Alcohol Abuse and Alcoholism  
Office of Juvenile Justice and Delinquency Prevention



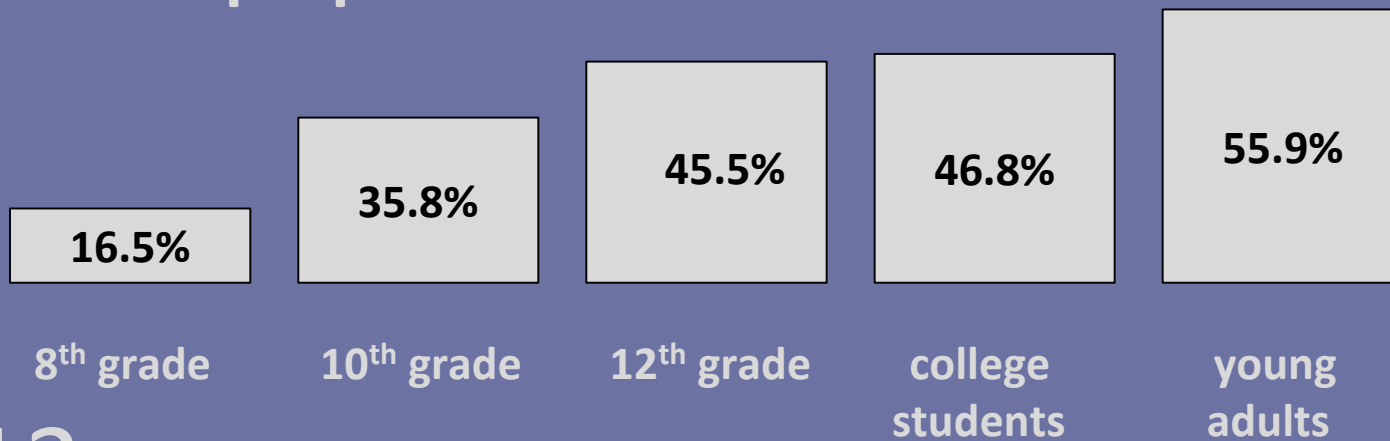
**Ashley**  
**February 13, 2010**  
**18 years old**  
**Buchtel High**  
**School**  
**(Copley resident)**  
**Class of 2010**

# Marijuana

“dank” “dro” “mids”

“reggie” “shake” “nuggs”

“purp”

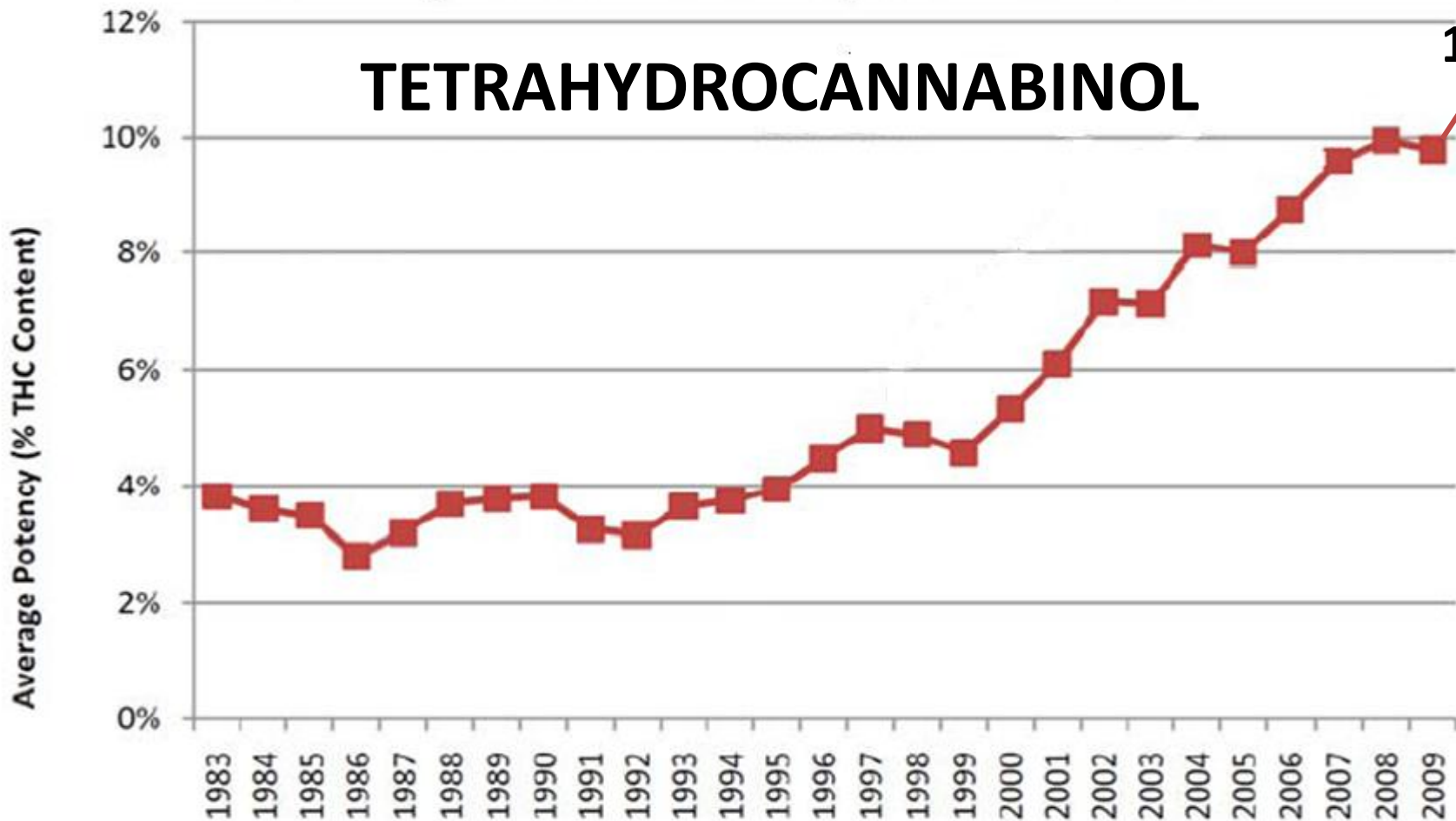


2013

# Marijuana – AVERAGE THC levels

## Potency of Seized Marijuana in the U.S.

### TETRAHYDROCANNABINOL



Source: University of Mississippi, National Center for Natural Products Research, *Potency Monitoring Project Quarterly Report 107 (January 2010)*

2014





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*“Daily use* of marijuana, remained at relatively high levels. The recent increases have been substantial. Today one in every fifteen high school seniors (6.5%) is a daily or near-daily marijuana user. “

*It’s not always who would expect.*

# Marijuana - cost

\$15 per gram (and up)

“20 sack” = 1.2 grams = \$20



# Marijuana

# Jay

## Doobie



## Blunt

# Marijuana



capsules

candy



Suckers

+20%

THC



Dab Wax Oil

+60% THC

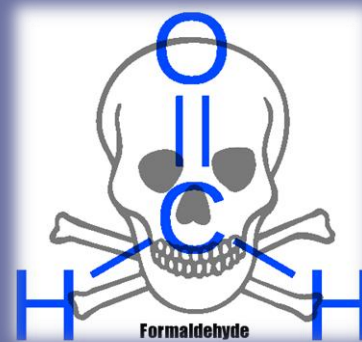
# Marijuana Edibles



# Marijuana – Laced

“wet”, “wet daddies” “wet sticks”  
Marijuana dipped in formaldehyde (embalming fluid)

mixed with PCP



Smoking a joint that has been dipped in embalming fluid or formaldehyde has effects similar to those of a joint laced with PCP - a drug that causes hallucinations, euphoria, and often times, panic or rage.

[www.cesar.umd.edu](http://www.cesar.umd.edu)

# Marijuana – Smoking Devices

Pipes - blown glass, metal fittings, ceramic, stone, wood



soda cans  
pens and markers with  
ink cartridge removed  
aluminum foil  
wrench sockets



one hitter



vaporizer



bong



dugout



jewelry

# Scales



PHONE APP

# Grinders







# HeadShopFinder.com

Finding shops for your head since 4:20

# Safes and Hiding Places



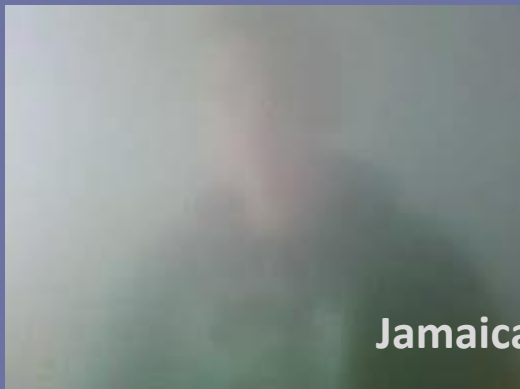
***the ultimate safe!***

**\$19.99**

Storage Places -

“Anywhere my Mom wouldn’t think to look.”

# WAYS TO COVER UP MARIJUANA USE



Jamaican Hotbox

# Adulterants

- Adulterants can be consumed or added to urine, in order to interfere with the accuracy of drug tests. Hydrogen peroxide, bleach.



\$25.99



drinking vinegar



synthetic urine

# THE WHIZZINATOR



**\$109.95**

# “Blazed” “Baked”

being high  
on marijuana

“Chief”  
to smoke  
marijuana



# “420”



refers to the use of marijuana and marijuana user's subculture

The term was allegedly coined by a group of teenagers in San Rafael, California in 1971.



“420” evolved into a codeword used to mean pot-smoking in general.

April 20 has evolved into a subculture holiday, where people gather to celebrate and use marijuana.

[www.wikipedia.com](http://www.wikipedia.com)

“710”



OIL

2ND ANNUAL

the710cup.com

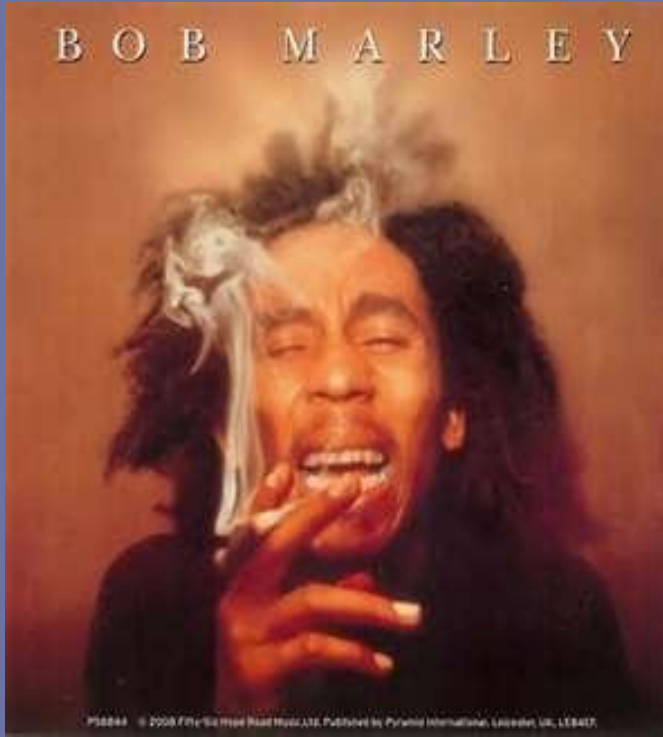
*The*  
**710**  
**CUP**

Seminars, medicating area, vendors  
speakers, glassblowing, giveaways  
live music and more!

**July 10-13 2014**  
**Denver Colorado**

A multi day celebration  
for cannabis concentration



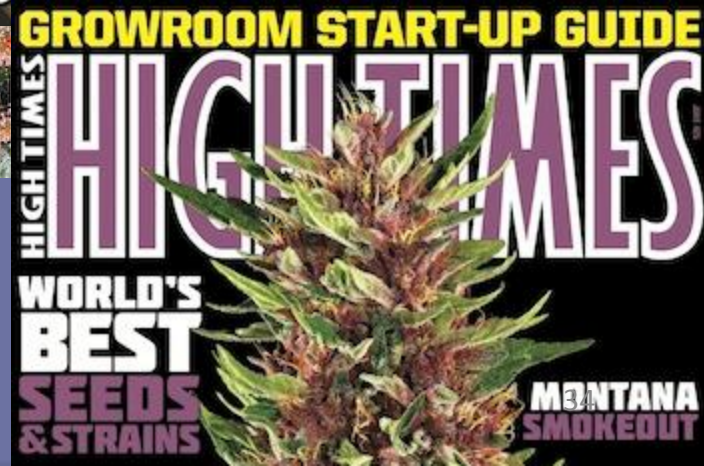


**Bob Marley** was a Jamaican singer-songwriter and musician. Marley remains the most widely known and revered performer of reggae music, and is credited with helping spread both Jamaican music and the Rastafari movement to a worldwide audience.

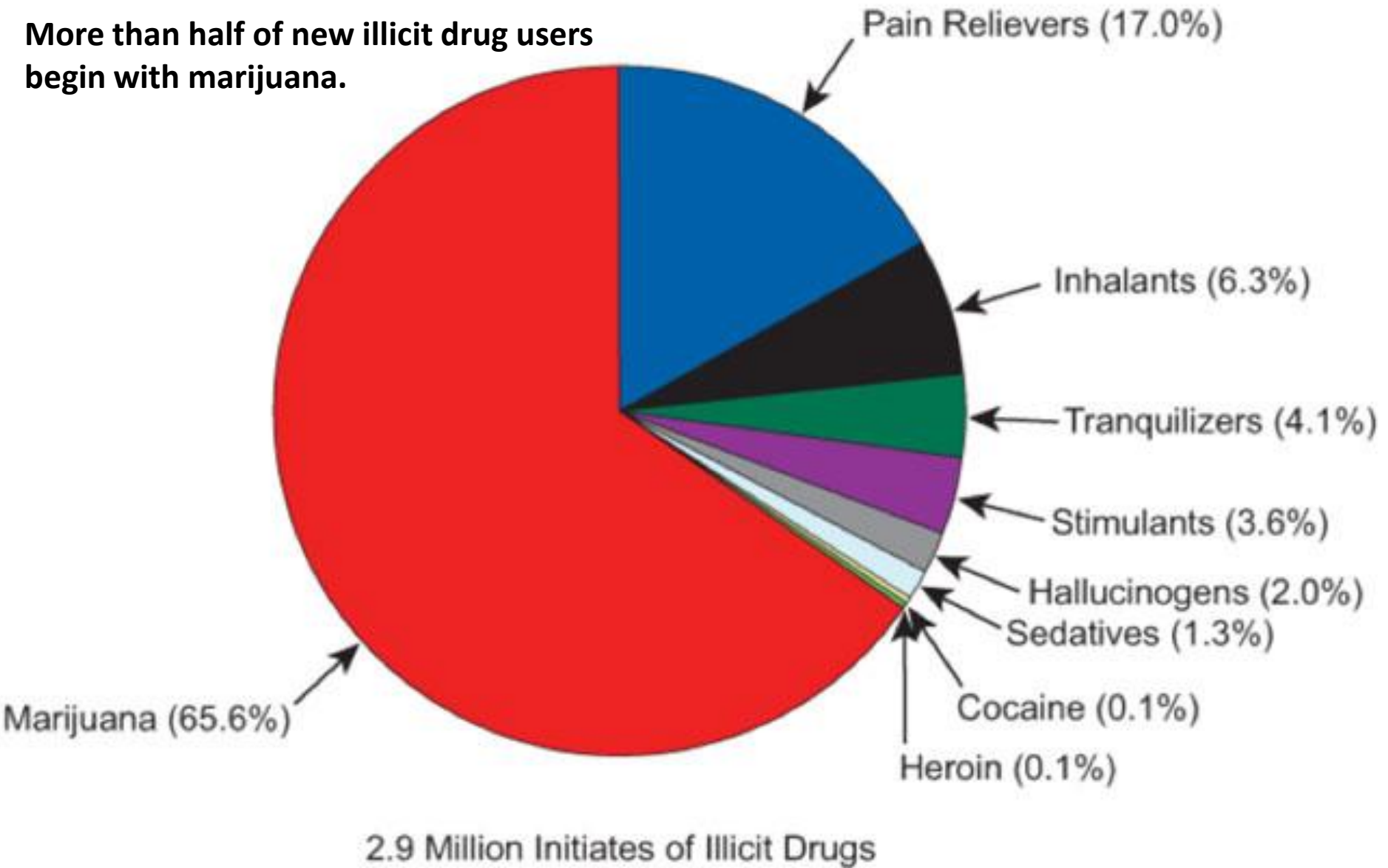
**Rastafari followers believe marijuana purifies the soul and brings one closer to the Almighty.**



# High Times



More than half of new illicit drug users begin with marijuana.



# State marijuana laws

146 million people – 46% of the U.S. population – live in a state with some form of legalized marijuana

● Legal for personal use

● Legal for medical use

● Illegal for all uses

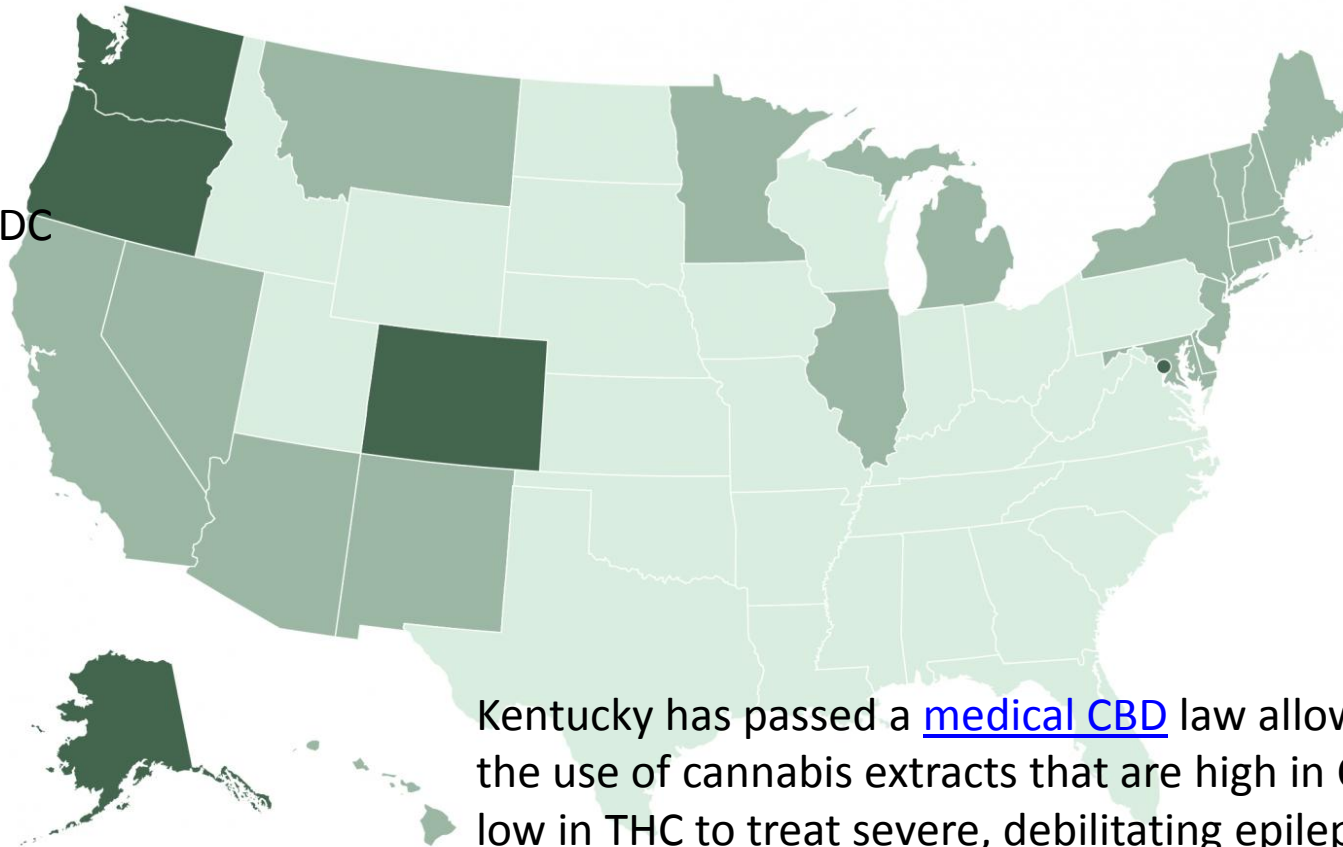
Washington

Oregon

Colorado

Alaska

Washington DC



# CANNABIDIOL (CBD)

CBD is a cannabinoid that does not affect the mind or behavior. It may be useful in reducing pain and inflammation, controlling epileptic seizures, and possibly even treating mental illness and addictions.

“Scientists have been specially breeding marijuana plants and making CBD in oil form for treatment purposes. These drugs may be less desirable to recreational users because they are not intoxicating.”



**MARIJUANA**

# **AFFECTS THE BRAIN**

and leads to impaired short-term memory, perception, judgment, and motor skills.

Daily users may be functioning at a reduced intellectual level all or most of the time.

Heavy use in teens may lead to a loss of 8 points in IQ.

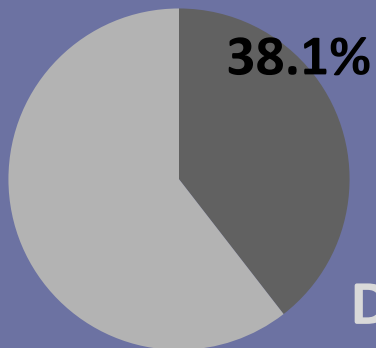
Students who smoke marijuana tend to get lower grades and are more likely to drop out of high school

Long term marijuana users report decreased overall life satisfaction, including diminished mental and physical health, memory and relationship problems, lower salaries, and less career success.

National Institute on Drug Abuse

2014

# Tobacco - Cigarettes



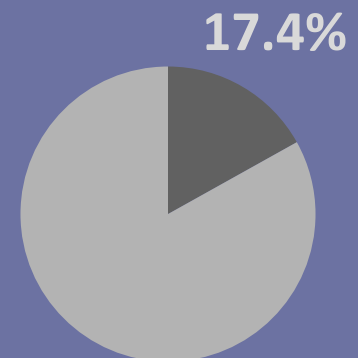
**DOWN FROM 62.5% 10 YEARS AGO**



## Tobacco – Smokeless Tobacco

Chewing tobacco and snuff contain  
28 cancer-causing agents.

Smokeless tobacco users have an  
increased risk of developing cancer  
of the oral cavity.





# Tobacco – E Cigarettes and Vaporizers

battery-operated devices that contain cartridges filled with nicotine (some more than a regular cigarette), flavor (chocolate, caramel, strawberry, bubble gum) and other chemicals.

turns nicotine into a vapor that is inhaled

August, 2014 ARE subject to Ohio tobacco laws for juveniles (considered alternative tobacco product)

The Food and Drug Administration (FDA) and some health experts are concerned that the side effects of inhaling pure nicotine have yet to be adequately studied, and are therefore unknown.

[www.health.howstuffworks.com](http://www.health.howstuffworks.com)



# Hookah



Miraj  
Clouds  
Karma Cafe

# ANY MEDICATION CAN BE ABUSED

The logo for Tylenol, featuring the word "TYLENOL" in a bold, red, italicized sans-serif font with a registered trademark symbol.

acetaminophen

ibuprofen

The logo for Advil, featuring the word "Advil" in a bold, blue, serif font with a registered trademark symbol.The logo for Excedrin, featuring the word "EXCEDRIN" in a bold, black, italicized sans-serif font with a registered trademark symbol, set against a white background with a green swoosh at the bottom.

acetaminophen, aspirin, and caffeine

antihistamine

The logo for Benadryl, featuring the word "Benadryl" in a white, bold, sans-serif font inside a blue rounded rectangle with a red border.The logo for Dramamine, featuring the word "Dramamine" in a bold, black, sans-serif font with a registered trademark symbol, and "MOTION SICKNESS RELIEF" in a smaller, white, sans-serif font on a red background below it.

dimenhydrinate (antihistamine)

diphenhydramine

The logo for Somnex, featuring the word "Somnex" in a blue, sans-serif font with a registered trademark symbol, and a stylized sunburst graphic above the letter 'n'.

# Hallucinogen DXM Dextromethorphan

is a cough suppressant drug. It is one of the active ingredients in many over-the-counter cold and cough medicines.

When exceeding recommended maximum dosages, Dextromethorphan acts as an hallucinogen.



Robo-tripping and skittling  
“Triple C”



# Pseudoephedrine



Stimulant in  
large doses

“Poor Man’s Speed”

Ingredient to make methamphetamine



Pharming

# Snorting Medications



# ABUSE OF PRESCRIPTION DRUGS FOR MENTAL HEALTH

**Benzodiazepines**  
**anti-anxiety**  
**sedatives**

**Ativan**  
**Klonopin**  
**Xanax**  
**Valium**







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# 2012

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National Institutes of Health

“The use of **prescription narcotic drugs** has increased sharply in recent years, as have emergency room admissions involving these drugs, making this class of drugs of particular concern.”

# Prescription Drugs - painkillers

Codeine

Morphine

Hydrocodone (Vicodin)  
new – 11/13 Zohydro ER  
is pure hydrocodone

Oxycodone (Percodan, Percocet, Opana)

11.1%



# Purple Drank, Sizzurp, Lean, Dirty Sprite



(prescription cough syrup)

+



(soda)

+



(Jolly Ranchers)



Lil Wayne



Mike Jones



asap Rocky

# Prescription Drug - Fentanyl

is a potent synthetic narcotic analgesic in form of a patch

Fentanyl is approximately 100 times more potent than morphine and 30 to times more potent than heroin.



March, 2015 DEA Issues Nationwide Alert on Fentanyl as Threat to Health and Public Safety

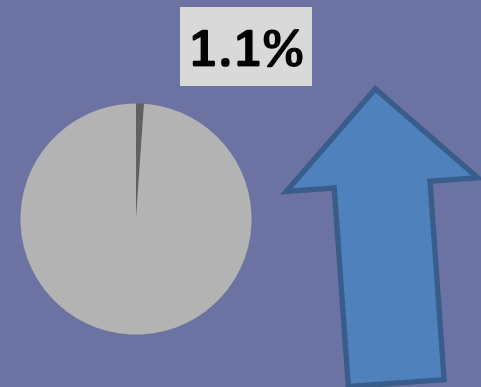


**The Ohio  
Automated Rx  
Reporting System  
was intended to  
decrease the  
abuse of  
prescription drugs.**

[www.governor.ohio.gov](http://www.governor.ohio.gov)

# Heroin

aka “boy” “dog food”



1/10 gram “bag” ,“point” or “fold” = \$10-\$20

# Heroin and Fentanyl mixed



“Bud Ice”

“Theraflu”



**Jacob**  
**October 9, 2011**  
**19 years old**  
**Hoban High School**  
**class of 2010**  
**Bath resident**

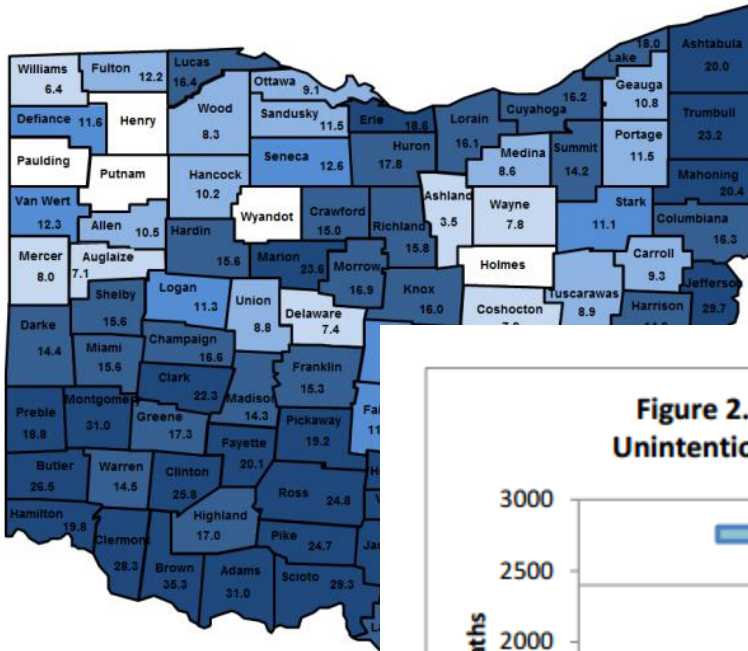


**Kyle**  
**April, 2010**  
**27 years old**  
**Copley High School**  
**Class of 2001**  
**(Richfield resident at time of death)**

**The investigation into Jacob's death resulted in 4 felony drug trafficking charges. Offender sentenced to 57 months, presently being served at Lorain Correctional facility.  
Release date 11-20-2017**

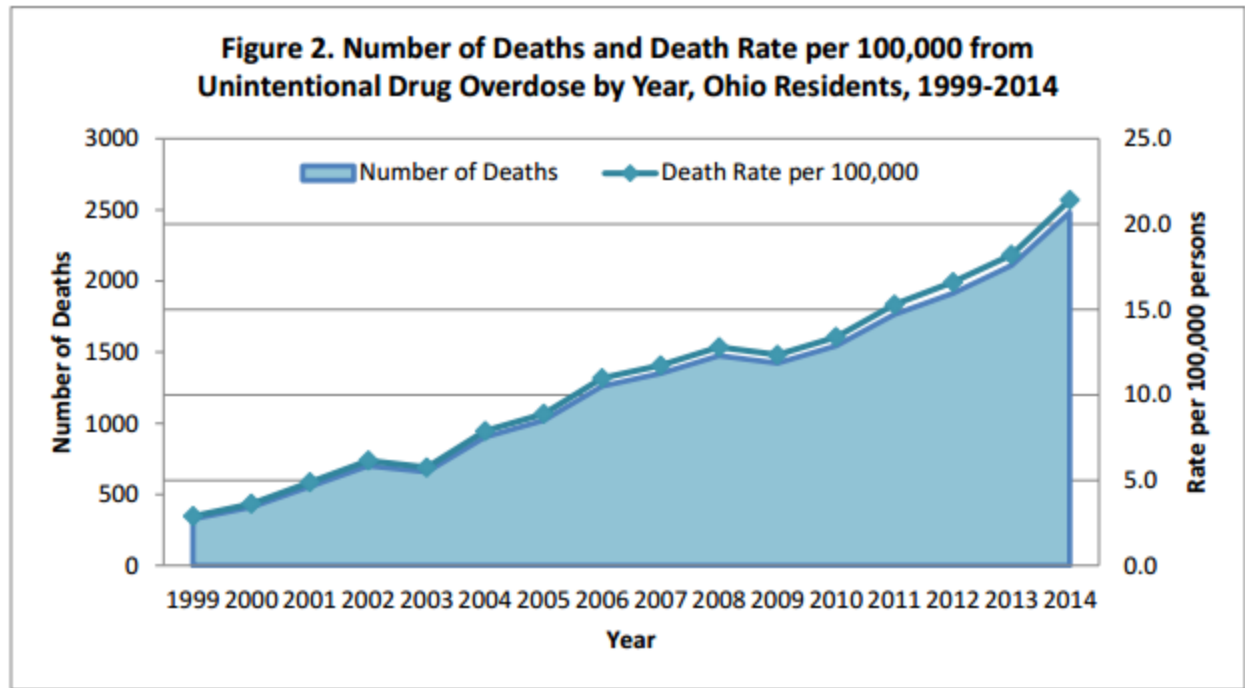


Figure 7. Average Age-Adjusted Unintentional Drug Overdose Death Rate Per 100,000 Population, by County, Ohio Residents, 2009-2014<sup>1,2</sup>



# Unintentional Drug Overdose Death Rates for Ohio Residents by County

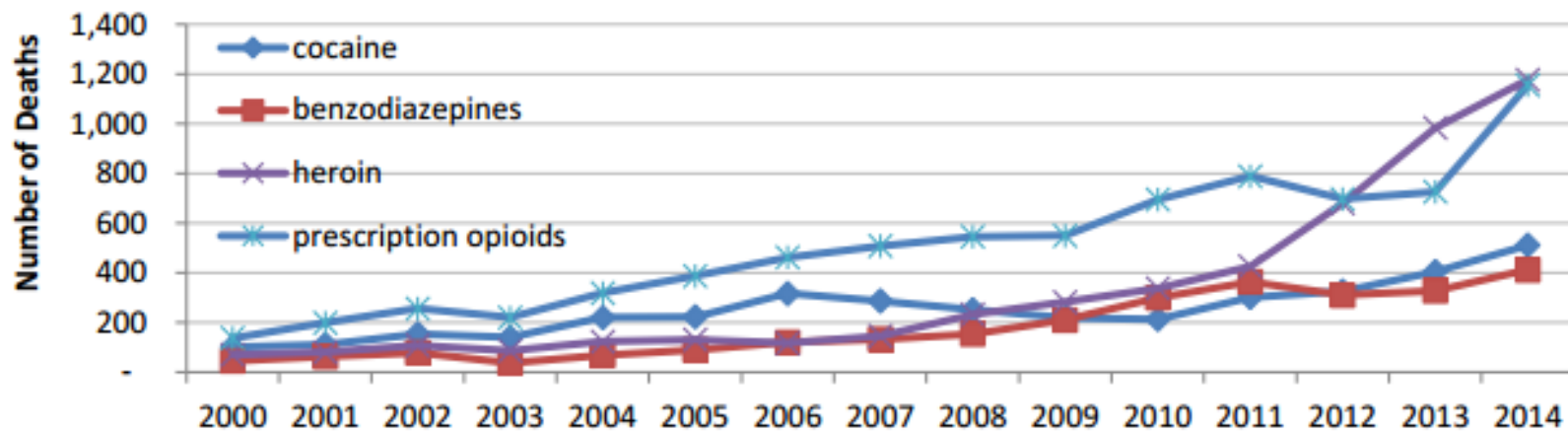
Figure 2. Number of Deaths and Death Rate per 100,000 from Unintentional Drug Overdose by Year, Ohio Residents, 1999-2014



Source: Ohio Department of Health, Office of Vital Statistics; Analysis Conducted by Injury Prevention Program

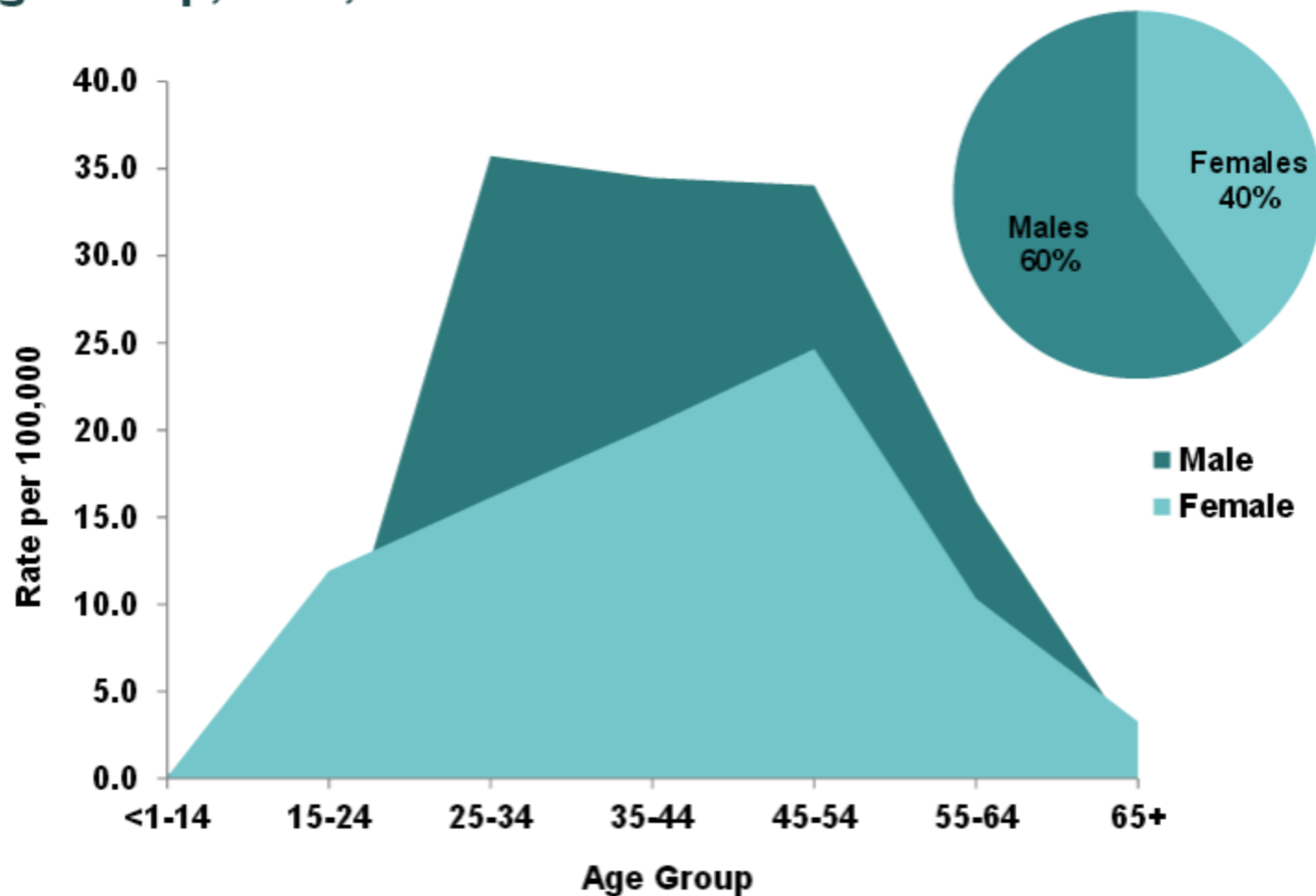
Unintentional overdoses caused 2,482 deaths in Ohio in 2014

**Figure 4. Number of Unintentional Overdoses Involving Selected Drugs, by year, Ohio, 2000-2014**



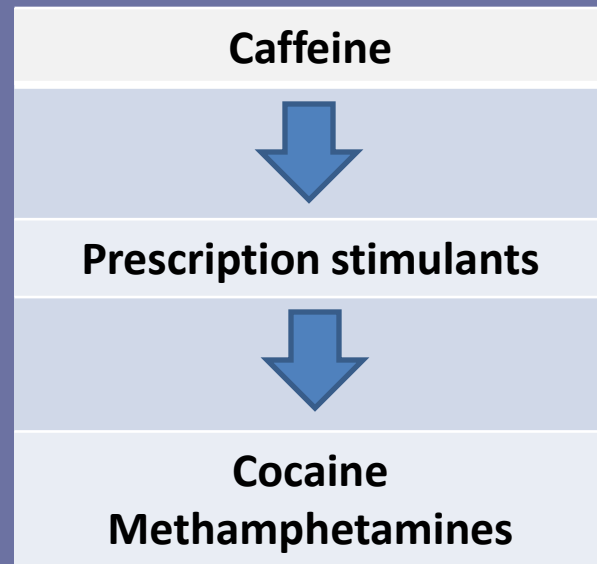
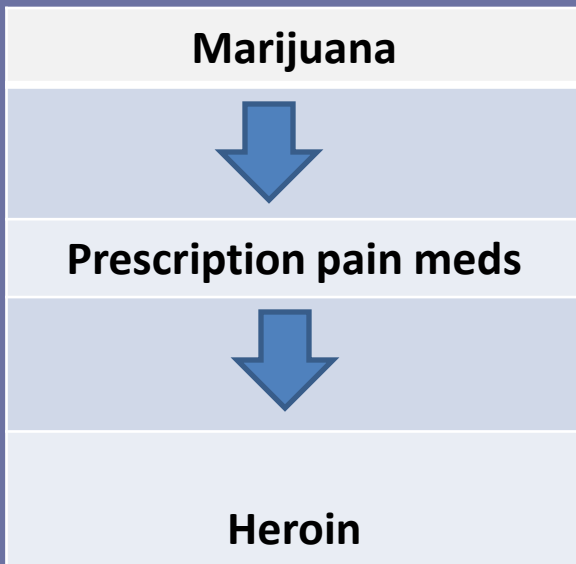
about ½ caused by heroin OD

## Average Annual Unintentional Fatal Overdose Rate<sup>1</sup> by Sex, Age Group, Ohio, 2009-12



Source: Ohio Department of Health, Vital Statistics

ODH Violence and Injury Prevention Program



# Caffeine

The American Academy of Pediatrics recommends that adolescents get no more than 100 mg of caffeine a day.

Too much caffeine can lead to:

Nervousness

Irritability

Insomnia

Rapid heartbeat

Increased blood pressure

# CAFFEINE

# = 35 milligrams



=



80



=



160



=



208



=



300

# CAFFEINE



= 35



=



20 ounce venti brewed coffee = 415 milligrams

Each 1.5 ounce shot of espresso adds 77 milligrams



# POWDERED CAFFEINE



RECOMMENDED DOSE = 1/16 TEASPOON = 250 MG

384 DOSES IN BAG

May, 2014 death 1 tsp.  
LaGrange, Lorain County

Jan 2015 – FDA issues warning  
Sale likely to be banned.



# RELAXATION BEVERAGES

Marketed as “Dietary Supplement” and not required to be tested for safety and effectiveness



Neuro Sleep (with melatonin) Warning - “Not recommended for children under 12 years, pregnant or nursing women. Will cause drowsiness. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product.”

## L-theanine

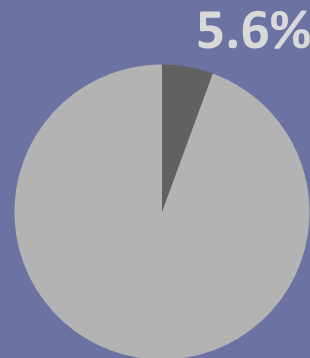
- not enough scientific information to determine an appropriate range of doses
- natural products are not always necessarily safe

[www.webmd.com](http://www.webmd.com)

# Prescription Drugs – stimulants

prescribed to treat ADD/ADHD

Adderall Ritalin Vyvanse Focalin

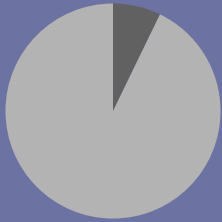


**A different study shows 13%**

The Partnership at Drugfree.org and MetLife Foundation  
2012

**Schedule II drugs – F-4**

7.2%



# Hallucinogen Molly

Ecstasy (MDMA) the powder or crystal form of MDMA

Molly - (short for "molecule")



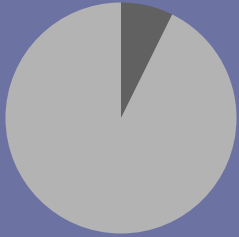
The lyrics to Miley Cyrus' "We Can't Stop"

"We like to party  
Dancing with Molly  
Doing whatever we want."



# Hallucinogens

7.5%



*Psilocybin mushrooms* (“magic mushrooms” “shrooms”) are fungi that contain the psychoactive compounds psilocybin and psilocin.

3.8%



*LSD*



# Hallucinogens

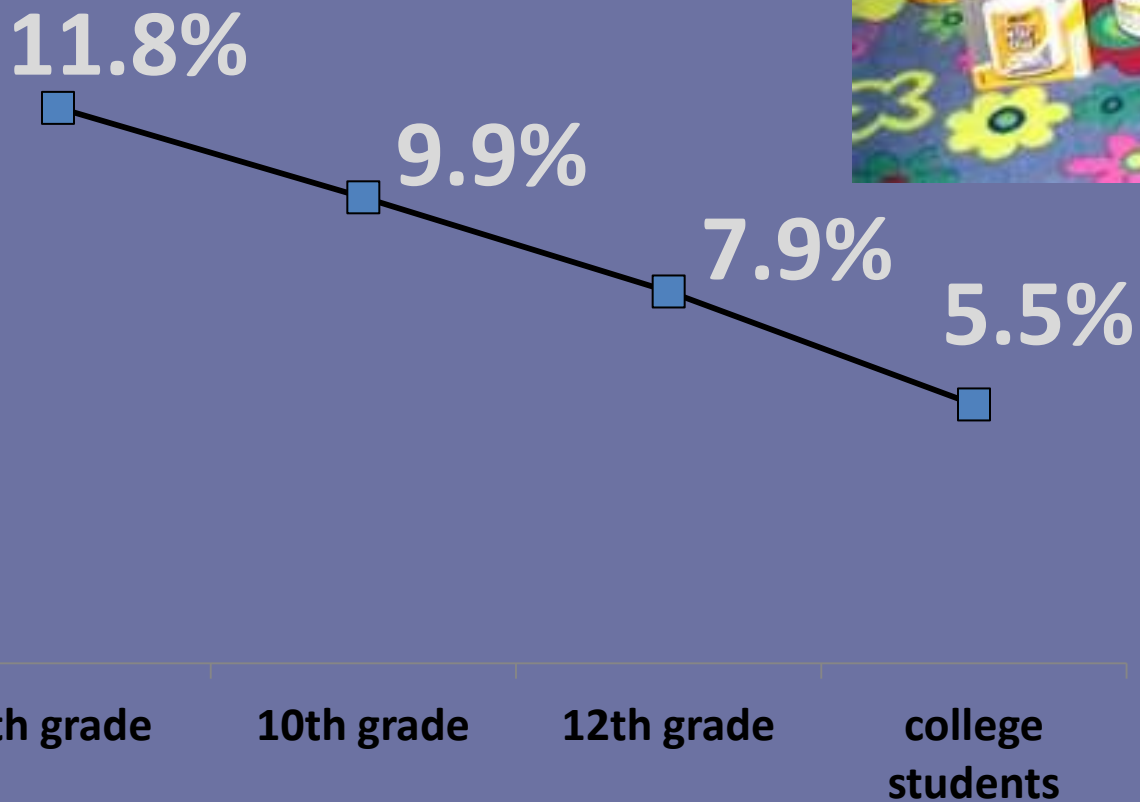
## 25i - synthetic acid

powders; liquid solutions; soaked onto blotter paper;  
and laced on edible items

Extremely small amounts of these drugs can cause seizures, cardiac and respiratory arrest, and death.



# Inhalants



Erowid is an online library of information about psychoactive plants and chemicals. It provides information about legal and illegal substances, including their desired and adverse effects.

## Jimson weed



causes hallucinations and a heightened sense of well-being (euphoria)

## Morning Glory Seeds



a person would have to ingest 100 to 300 morning glory seeds. The seeds can be ground up and ingested like a tea, chewed, or swallowed whole.

## Nutmeg



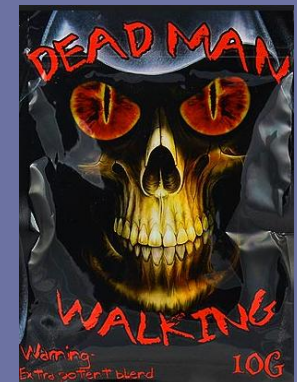
“5-20 grams of ground nutmeg is ingested. Fresh ground is best.

# Designer Drug -Synthetic Marijuana

- Synthetic cannabis is a psychoactive herbal and chemical product which, when consumed mimics the effects of cannabis..
- It is often marketed as "herbal incense".



Illegal effective October 17, 2011 Schedule 1 Drug Classification





# Designer Drug – “Bath Salts”



# Designer Drug - Bath Salts

stimulant like cocaine and methamphetamine  
can lead to paranoia, hallucinations and delusions

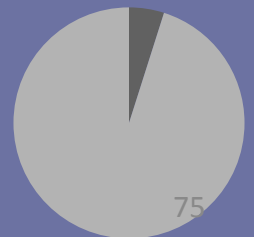


Illegal effective October 17, 2011  
Schedule 1 Drug Classification

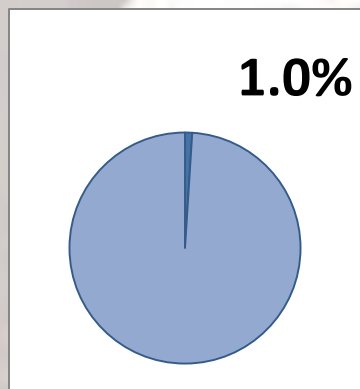
# Cocaine



4.9%



# Methamphetamine



Shake  
and  
Bake  
meth

# THE FACES OF METH





## 2011 1.5 million juvenile arrests

- |                       |         |
|-----------------------|---------|
| 1. Theft/Receiving    | 267,000 |
| 2. Assault            | 231,000 |
| 3. Drug Abuse         | 149,000 |
| 4. Disorderly Conduct | 139,000 |
| 5. Liquor Laws        | 99,000  |
| 6. Curfew             | 77,000  |

# LOCALLY?





# CAUSE OF DEATH -ADULT

## 1. ACCIDENTAL DRUG OVERDOSE



# CAUSE OF DEATH OF CHILDREN AGES 10-17 (1,441 FROM 2007-2011)

## NON-MEDICAL EXTERNAL INJURIES

#1. MOTOR VEHICLE ACCIDENT

#2. WEAPONS

#3. ASPHYXIA



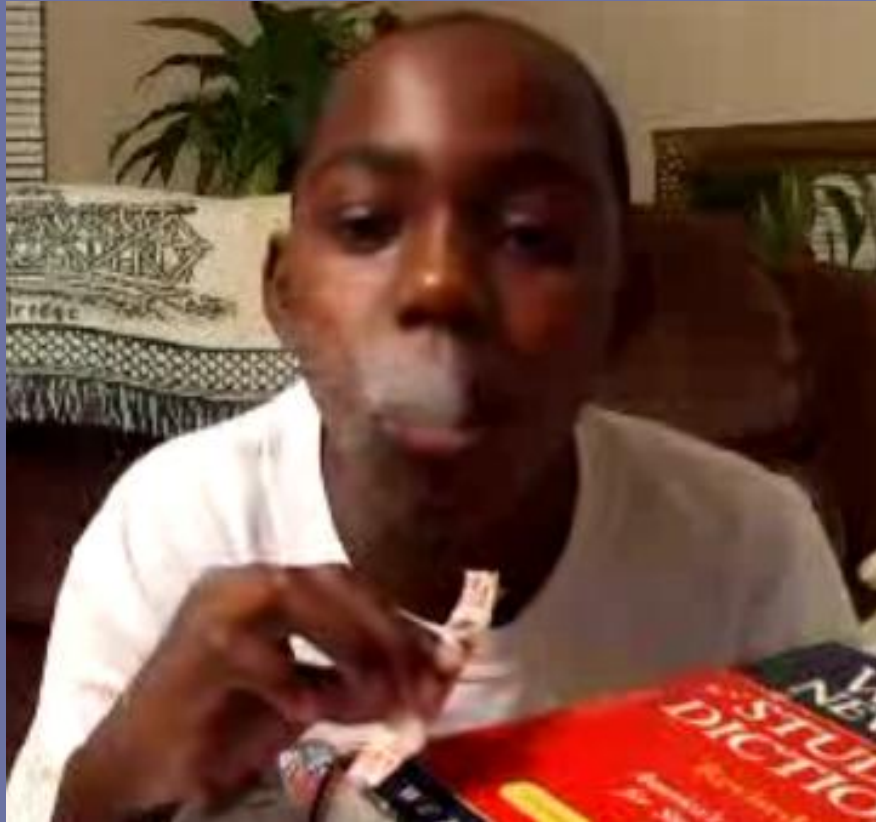
# Choking Game

The "choking game" is defined as self-strangulation or strangulation by another person with the hands or a noose to achieve a brief euphoric state.



In 2008, the Center for Disease Control reported 82 deaths attributed to the choking game and other strangulation activities during the period 1995–2007; most victims were adolescent males aged 11–16 years.

# “Smoking or Inhaling Smarties”





# Cinnamon Challenge

Effects - coughing, choking, vomiting and hypoxia (deprivation of oxygen).

The cinnamon can be aspirated into the lungs.

[www.drugfree.org](http://www.drugfree.org)

## Baking Soda and Vinegar Challenge



## Salt and Ice Challenge

**Warning – next slide is graphic.**

# Pittsburgh Post-Gazette

June 29, 2012

Boy, 12, badly injured in 'salt-and-ice' challenge

The unidentified youth lay on his stomach during a sleep-over at his house as his brother and a friend put salt in the form of cross on his back, then put ice cubes atop the salt before applying pressure. The process causes almost immediate pain. The ill-advised challenge is to see how long you can withstand the pain.



# FIRE CHALLENGE



# KYLIE JENNER LIP CHALLENGE



# Beezin'



# Explosive Devices



Search results for how to make an  
explosive device

About 42,500 results

Vinegar, Mentos mints, baking soda, aluminum foil



ESCALATOR  
HELICOPTER



jackass  
the movie



PLANKING

May, 2014  
death Georgia



# Online Gaming and Gambling

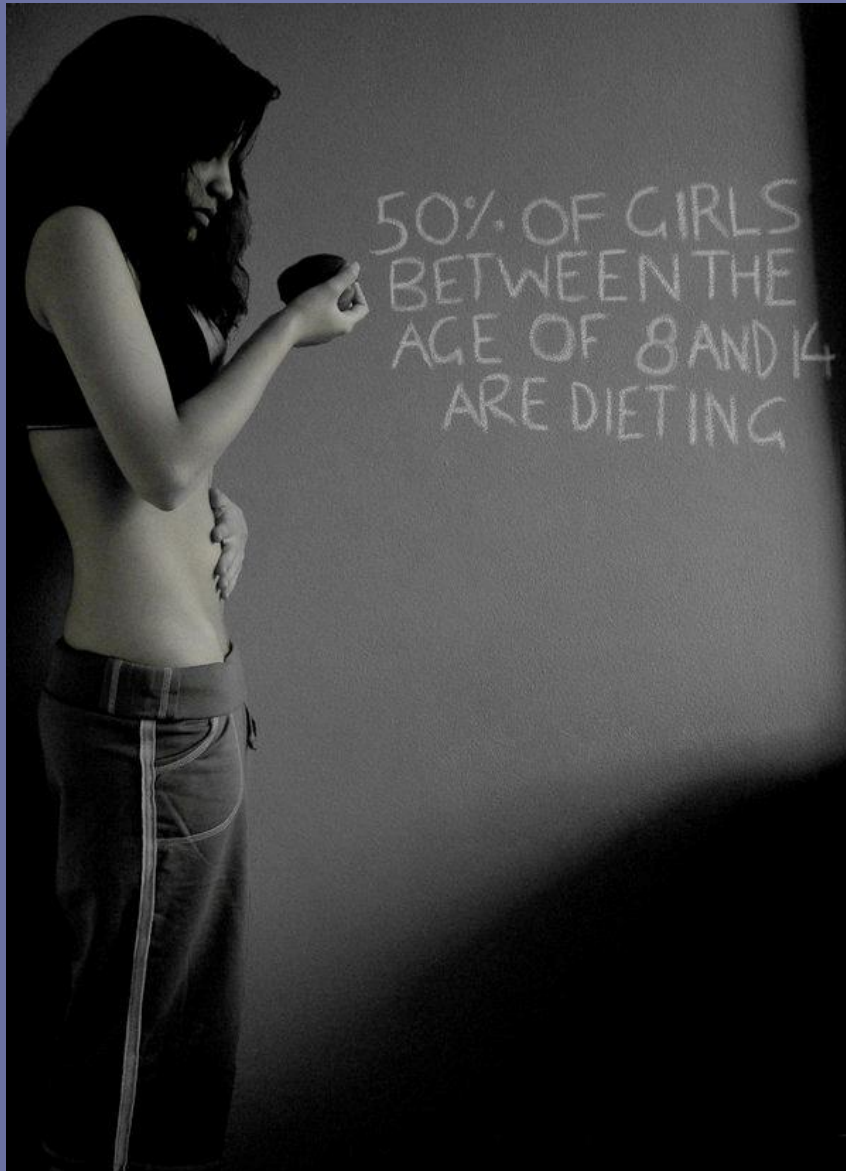


Between 60-80% of high school students report having gambled for money during the past year

4-6% of these students are considered pathological gamblers

another 6-8% are at risk of developing a serious gambling problem, or show signs of loss of control

# Eating Disorders



Cotton  
Ball  
Diet



# Self-Mutilation

a coping mechanism which provides temporary relief of intense feelings such as anxiety, depression, stress, emotional numbness or a sense of failure or self-loathing and other mental traits including low self-esteem or perfectionism. Self-harm is most common in adolescence and young adulthood, usually first appearing between the ages of 12 and 24.



# Sexting

**electronically transmitting sexually explicit videos and/or photographs**

**Could be considered child pornography if anyone involved is under the age of 18 (taking the photo, being in the photo, transmitting the photo, receiving the photo)**



57% have been asked to send naked image  
31% asked others to send  
28% have sent

Journal of the American Medical  
Association *Sept, 2012*

**SUICIDE** is the third-leading cause of death for 15- to 24-year-olds, according to the Centers for Disease Control and Prevention (CDC), after accidents and homicide.

**2007-2011 5 year Ohio statistics**

**ages 10-14 53 suicides**

**ages 15-17 181 suicides**

The risk of suicide increases dramatically when kids and teens have access to firearms.

Overdose using over-the-counter, prescription, and non-prescription medicine is also a very common method for both attempting and completing suicide.



# Theft – most-often committed crime by youth

Why?

- Excitement and thrill
- Lack of impulse control
- Get money to buy drugs
- Ease of selling stolen items



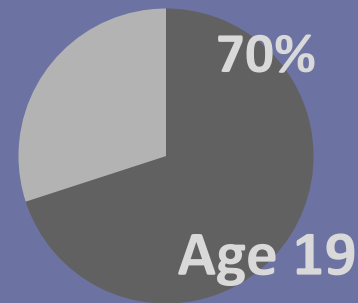
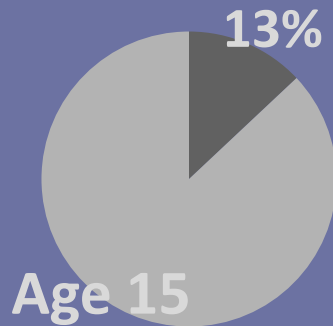
Summit Mall  
 Southpark Mall  
 Canton Wal-Mart's  
 Belden Village Mall

craigslist



# Sexual Activity

percentage of teens that have experienced intercourse



Abma JC et al., Teenagers in the United States: sexual activity, contraceptive use, and childbearing, National Survey of Family Growth 2006–2008, *Vital and Health Statistics*, 2010, Series 23, No. 30.

# Sex Bracelets and Rainbow Party **Legends**



**Here's a common breakdown:**

**Yellow: hugging**

**Purple: kissing**

**Red: lap dance**

**Blue: oral sex**

**Black: intercourse**





# Dating Violence

**Nearly 10% of high school students report being hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend.**

Centers for Disease Control and Prevention,  
*2011 Youth Risk Behavior Survey*



# Teen violence

If you see these immediate warning signs,  
violence is a serious possibility:

loss of temper on a daily basis

frequent physical fighting

significant vandalism or property damage

increase in use of drugs or alcohol

increase in risk-taking behavior

detailed plans to commit acts of violence

announcing threats or plans for hurting others

enjoying hurting animals

carrying a weapon

# Teen violence



# Insane Clown Posse

Insane Clown Posse is a band that performs a style of hardcore hip hop known as horrorcore (music with horror-themed lyrical content and imagery) and is known for its elaborate live performances. ICP followers are “Juggalos”.



# Teen Drivers

- speed
- 2 or more passengers
- night driving
- not wearing a seat belt
- Alcohol
- Distracted driving





**Wesley**  
**November 6, 2011**  
**19 years old**  
**Copley High**  
**School**  
**class of 2010**



**Patrick**  
**March 20, 2011**  
**19 years old**  
**Revere High**  
**School**  
**class of 2010**



# What to do?



# Snoop!





**Children are less at-risk when parents  
communicate their expectations.**

**Delay onset of use.**

**They should know what to do in risky situations**

The logo for About.com, featuring the word "About.com" in a bold, black, sans-serif font. The letter "o" in "About" is replaced by a red sphere with a white highlight, and the period before "com" is a small red dot.

**Parenting Teens Section**

# What to do?

# LIMIT ACCESS



**PARENTS WHO HOST LOSE THE MOST**



Don't be a party to teenage drinking.

It's against the law.



Drug collection boxes at many Police Departments



# What to do?

Explore usage controls,  
phone apps and internet  
monitoring tools

Verizon “FamilyBase”

Sprint “Family Safety Essentials”

AT & T “Smart Controls”

T-Mobile “Family Allowances”

Time Warner and AOL “Parental Controls”

Frontier “Secure Max”



**Teen Safe**  
*Protecting Your Most Valuable Treasure*



**MOBILE SPY**®  
SMARTPHONE MONITORING SOFTWARE

# USE THE LAWS

Ohio Revised Code [www.codes.ohio-gov](http://www.codes.ohio-gov)

**Incorrigibility**

**Truancy**

**Curfew**

**Domestic Violence**

**Tobacco**

**Child Pornography (sexting)**



**Child Abuse** corporal punishment or other physical disciplinary measure by a parent is NOT abuse

# USE THE LAWS

## Driving Restrictions

Driving while texting is illegal for all of us.

Under 18 – no phone at all while driving.

Under 17 – one passenger not a family member  
12:00 am driving curfew (with exceptions of an emergency, driving to/from school activity or work)

17-18 yrs old -1:00 am driving curfew (with same exceptions)

**For young people, motor vehicle accidents are the leading cause of death.**



# COUNSELING

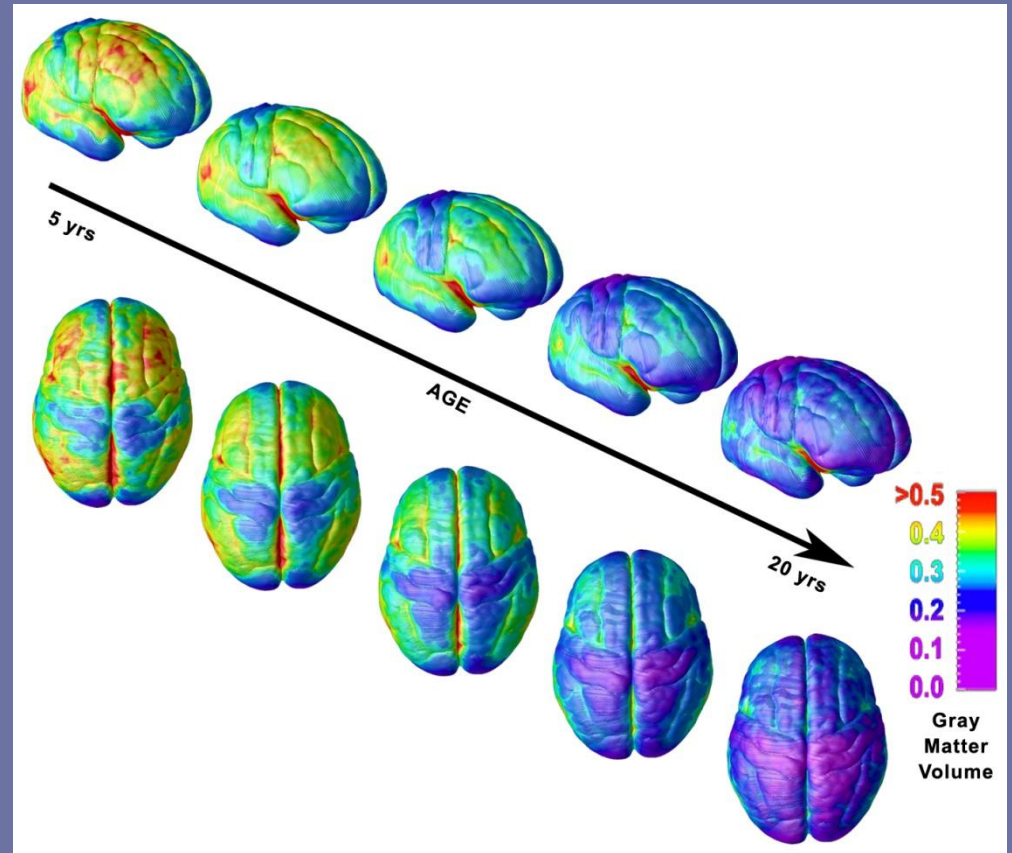
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Ohio Mental Health and Addiction Services  
at [www.mha.ohio.gov](http://www.mha.ohio.gov)  
for list of providers by county.

Refer to “Notes and Conclusion Page”  
for helpful websites and local resources.

for parents of addicts Families Anonymous/Al-Anon  
[www.familiesanonymous.org](http://www.familiesanonymous.org)  
[www.al-anon.alateen.org](http://www.al-anon.alateen.org)  
Brandon Snyder 330-620-7518

The brain continues to develop into mid 20s with adolescence being a time of great change.









**HAPPY 18th  
BIRTHDAY!  
NOW GET OUT  
OF THE HOUSE!!**



SP  
COY  
McCoy

**HIPS schedule at [www.copley.oh.us](http://www.copley.oh.us)**

# Contact Numbers



**Officer Paul Webb**  
**Officer Sarah Shendy**  
**330-666-4218**

**Lisa Baker**  
**330-666-3736**

**Marcie Mason**

**Copy of PowerPoint handout [ebaker@bathtownship.org](mailto:ebaker@bathtownship.org)**